

WHERE TO GO

when you need care:

Need a primary
care provider?
Scan here!



Primary Care (Your Doctor)

Visit your trusted provider for your overall health management and non-emergency situations including:

- Annual and Preventative Check-Ups, Well Visits, Vaccines, and Screenings
- Chronic Condition Management (e.g., Diabetes, High Blood Pressure)
- Follow-up from Emergency/Urgent Care Visits
- Follow-up for a Worker's Comp Case
- Medication Refills
- Minor Injuries and Illnesses (depending on the severity)
- Preventive Services and Pain Management
- Routine and Ongoing Health Needs
- Skin Issues Such as Acne/Eczema

Urgent Care

If your primary care office is closed, if you are unable to see your doctor, or depending on the severity, please go to an Urgent Care Center:

- Allergic Reactions (Non-Life-Threatening)
- Asthma
- Back, Joint, and Muscle Pain
- Bronchitis
- Cold, Flu, Fever
- Cough
- Dizziness
- Earaches
- Insect Bites
- Minor Cuts/Lacerations
- Nausea
- Pink Eye
- Rash/Poison Ivy
- Sore Throat
- Sprains or Joint Pain
- Severe Earache and Skin Conditions
- Toothaches
- Urinary Tracts (Bladder) Infections

Urgent Care Locations

Canandaigua*

699 S. Main St.
585-978-8240

Farmington*

Thompson Medical Center
1160 Corporate Dr.
585-924-1510

Newark*

Newark Plaza
800 West Miller St.
315-226-8900

Emergency Care

For accidents or illnesses not treatable at your physician's office, or for matters of life or death, call 911 or go to a hospital Emergency Department.

- All Animal Bites
- Chest Pain, Fast Heart Rate, r Difficulty Breathing
- Dehydration
- Electrical Shock
- Fainting/Loss of Consciousness
- Fractures/Dislocations
- Ingestion of Obstructive Objects
- Ingestion of Poisons
- Major Head Injury/Headaches
- Neck or Spine Injuries
- Pneumonia
- Rectal Bleeding
- Seizures, High Fever, Slurred Speech/Confusion
- Severe Abdominal Pain
- Severe Asthma Attacks
- Severe Burns
- Snakebites
- Uncontrolled Bleeding/ Large Wounds

Emergency Department

F.F. Thompson Hospital

350 Parrish St.
Canandaigua

*Part of F.F. Thompson Hospital



UR
MEDICINE

THOMPSON
HEALTH