

A **success coach** can help you **find the support you need.**

Battling stress at work?

Struggling to pay your bills?

Having legal troubles?

YOUR SUCCESS COACH:



Marcus Elliott

Marcus.Elliott@successcoach-roc.org

585-313-7049

REMOTE COACHES:



Chanel Terrell

Chanel.Terrell@
successcoach-roc.org

585-944-4975



Amethyst Powers

Amethyst.Powers@
successcoach-roc.org

585-794-7320

Access this private service.
There's no cost to you.

LOCATIONS/TIMES:

Fridays: 9 a.m. - 12 p.m. *Hospital Cafeteria*

Fridays: 12 p.m. - 3 p.m. *CCC Library*

Success coaches can help with:

- Securing child care
- Finding housing
- Managing elder care
- Having reliable transportation
- Stopping domestic abuse
- And so much more

With a call, text or virtual meeting, they're here to help you.

